

Archdiocese of Baltimore, Child Nutrition Program

Lunch

October-24

1603, 1611, 1628, 2601, 2620, 2629

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9/30	10/1	10/2	10/3	10/4
	Cheesy Beef Quesadilla & PC Salsa Vegetarian Beans Cauliflower w/PC Ranch Apple Slices Craisins Fresh Fruit Assorted Milk	Mozzarella Cheese Sticks w/Marinara Sauce California Blend Broccoli Florets w/PC Ranch Pears, 1/2 cup Apple Slices Fresh Fruit Assorted Milk	Pizza, Round Sunshine Carrots Carrot Sticks w/PC Ranch Mixed Fruit Apple Slices Fresh Fruit Assorted Milk	No School Professional Development Day
10/7	10/8	10/9	10/10	10/11
Chicken Tender w/Waffle Oven Roasted Potatoes Carrot Sticks w/PC Ranch Peaches Apple Slices, 1/2 cup Fresh Fruit Assorted Milk	Chicken Sandwich on Pretzel Roll Sunshine Carrots, 1/2 cup Celery Sticks w/PC Sunbutter Apple Slices Craisins Fresh Fruit Assorted Milk	Penne Alfredo & Garlic Bread Stick Green Beans Broccoli Florets w/PC Ranch Pears Apple Slices Fresh Fruit Assorted Milk Cool Tropics - Paradise Punch	Taco w/tortilla, Scoops & PC Salsa Vegetarian Beans Cauliflower w/PC Ranch Apple Slices Craisins Fresh Fruit Assorted Milk	Pizza, Stuffed Crust w/PC Marinara Sauce California Blend Carrot Sticks w/PC Ranch Mixed Fruit Apple Slices Fresh Fruit Assorted Milk
10/14	10/15	10/16	10/17	10/18
Teriyaki Potstickers California Blend Carrot Sticks w/PC Ranch Peaches Apple Slices Fresh Fruit Assorted Milk	Cheesy Beef Quesadilla & PC Salsa Vegetarian Beans Cauliflower w/PC Ranch Apple Slices Craisins Fresh Fruit Assorted Milk	Pizza Sticks w/Marinara Sauce Green Beans Broccoli Florets w/PC Ranch Pears Apple Clices Fresh Fruit Assorted Milk	Popcorn Chicken w/Vegetable Fried Rice Sunshine Carrots Celery Sticks w/ Sunbutter Apple Slices, 1/2 cup Craisins Fresh Fruit Assorted Milk	Pizza, Garlic French Bread w/PC Marinara Sauce Corn Carrot Sticks w/PC Ranch Mixed Fruits Apple Slices Fresh Fruit Assorted Milk
10/21	10/22	10/23	10/24	10/25
Chicken Tender w/Waffle Oven Roasted Potatoes Carrot Sticks w/PC Ranch Peaches Apple Slices Fresh Fruit Assorted Milk	Korean BBQ Meatballs w/Rice & Fritos California Blend Celery Sticks w/PC Sunbutter Apple Slices Craisins Fresh Fruit Assorted Milk	Rotini w/Meat Sauce & Garlic Bread Stick Sunshine Carrots Broccoli Florets w/PC Ranch Pears Apple Slices Fresh Fruit Assorted Milk Cool Tropics - Raspberry Passion Fruit	Taco w/tortilla, Scoops & PC Salsa Vegetarian Beans Cauliflower w/PC Ranch Apple Slices Craisins Fresh Fruit Assorted Milk	Pizza 4X6 Green Beans Carrot Sticks w/PC Ranch Mixed Fruit Apple Slices Fresh Fruit Assorted Milk
10/28	10/29	10/30	10/31	11/1
Chicken Quesadilla & PC Salsa Corn Carrot Sticks w/PC Ranch Peaches Apple Slices Fresh Fruit Assorted Milk	Taco w/Tortilla, Scoops & PC Salsa Vegetarian Beans Cauliflower w/PC Ranch Apple Slices Craisins Fresh Fruit Assorted Milk	Mozzarella Cheese Sticks w/Marinara Sauce California Blend Broccoli Florets w/PC Ranch Pears Apple Slices Fresh Fruit Assorted Milk	Teriyaki Chicken w/Rice Green Beans Celery Sticks w/ Sunbutter Apple Slices Craisins Fresh Fruit Assorted Milk	

A variety of fresh fruits and vegetables are served daily - apples, oranges, grapes, melons, strawberries, carrots, celery, broccoli, cauliflower

Menu Subject to Change

100 % Fruit Juice served - apple, orange, grape

Milk offering is 1% white milk and NF flavored milk

All Students receive free breakfast and free lunch

This institution is an equal opportunity provider.